

HEALTH

Dean to swim in breast cancer fundraising event

Melrose resident Nancy Dean will participate in her 18th Against the Tide recreational swim fundraiser on Saturday, June 18 in Hopkinton to raise funds for the Massachusetts Breast Cancer Coalition (MBCC). Celebrating its 20th anniversary, the MBCC's annual Against the Tide is a fundraiser for breast cancer prevention in which participants choose to perform a 1-mile competitive or recreational swim; a 2-mile kayak paddle; a 3-mile walk; or a 5K run.

Since June 1994, when she swam in the event for

the first time, Dean has battled a brain tumor, lost her mother and sister-in-law to breast cancer, and has seen two cousins survive diagnoses of breast cancer.

Dean says her main focus now is making sure her niece receives frequent check ups and is educated about breast cancer. "I want breast cancer to be wiped out in my niece's generation or at least [be] at a more manageable stage," she said.

To learn more about the MBCC, visit mbcc.org; to learn more about the Against the Tide event,



Nancy Dean of Melrose
COURTESY PHOTO

visit mbcc.org/swim; and to support Dean's efforts, visit firstgiving.com/againststhetide-hopkinton.

